



Qanta A.A. Ahmed ***MD, FACP, FCCP, FAASM***

Dr. Qanta Ahmed is a sleep disorders specialist at Winthrop University Hospital in Mineola, New York. Dr. Ahmed is appointed Associate Professor of Medicine at the State University of New York (Stony Brook) USA and Honorary Professor, School of Health and Life Sciences at Glasgow Caledonian University, Scotland, UK. She is a Fellow of the American College of Chest Physicians, a Fellow of the American College of Physicians and a Fellow of the American

Academy of Sleep Medicine. In 2010, she became the first physician and first Muslim woman to be awarded the Templeton-Cambridge Fellowship in Journalism at the University of Cambridge, England. In 2014 Dr. Ahmed was nominated by her journalism peers for the prestigious Ford Foundation Public Voices Fellowship in New York City as recognition for her journalistic advocacy for the marginalized minority. In 2014 she was appointed a Media Spokesperson for the American Academy of Sleep Medicine.

A graduate of the University of Nottingham, England, she has been a physician for 24 years, and has practiced in the United Kingdom, the United States and the Kingdom of Saudi Arabia. Her academic interests have spanned pulmonary infection; sleep disorders medicine, and public health. Her research interests focused on the health hazards related to Hajj (the annual pilgrimage Muslims make to Mecca, Saudi Arabia), public health security pertaining to the Hajj. Her work relating to Hajj medicine has appeared in *The Lancet*, the CDC Yellow Book and other leading publications. More recently she has focused on health security challenges to the Pakistani Polio Program and the defense of academic freedom in the medical academe.

Dr. Ahmed is also an accomplished non-fiction author. Her first book, *In the Land of Invisible Women* (Sourcebooks 2008) details her experience of living and working in the Kingdom of Saudi Arabia and has been published internationally in 14 countries, now in its 12th edition. Most recently her book has been published in Complex Chinese.

She is also a prolific opinion journalist and a frequent Op-Ed contributor to the American, British, Australian and Israeli media. Her articles have been published in *The Guardian*, *The Wall Street Journal*, *The Spectator* Australia and *The Spectator* in Britain, *Al Jazeera America*, *The Independent*, *USA Today*, *The Christian Science Monitor*, *The New York Post*, *The New York Daily News*, *NewsDay*, *The Daily*, *The Telegraph*, *The Daily Beast*, Pakistan's *The Daily Times*, *Gulf News*, the *World Policy Journal*, *Fox News Opinion* and the *Huffington Post*. In Israel she publishes in *The Times of Israel*, *Ha'aretz* and *The Jerusalem Post*. She has also contributed editorials to CNN.com, the Investigative Project on Terrorism, *The Blaze* and others. Over the years she has provided radio and television commentary including the BBC World Service, *Voice of America*, WNPR and NPR, CNN, Fox, C-Span, Glen Beck Television, *Al Arabiya*, Israel's IBA Channel 1 and others. Her articles have been translated into Dutch for *The Netherland's* national paper, *Trouw* and for readerships in Poland.

During her funded fellowship in the Templeton Cambridge program she completed her treatise on the Psychological Manipulation of Islam in the Service of Terror, focusing on the cultural phenomenon of suicide bombing. As a result of her work she traveled to Pakistan's Swat Valley to meet rehabilitated child jihadists, formerly operatives of the Pakistan Taliban. Her recognized expertise led to Dr. Ahmed's first opportunity to testify to US Congress in June 2012, at the request of the Homeland Security Committee as a witness for the Majority in the 5th Investigative Hearings on Radical Islam in the United States at the request of Chairman of the Homeland Security Committee, Congressman Peter King.

Dr. Ahmed is a noted speaker in both her fields of medicine and journalism. She has addressed the National Press Club in Washington DC, Boston Children's Hospital, The Medical University of South Carolina, The University of South Carolina, The Union League Club of Philadelphia, The Citadel, Cambridge University, Glasgow Caledonian University, the Saudi Arabian National Guard Health Affairs in Riyadh and Jeddah, the

Saudi Arabian Ministry of Health, the US Consulate in Jeddah, the Saudi Arabian Football Federation, FIFA's medical research committee at Qatar's Aspetar in Doha (home of the 2022 World Cup), The Menachen Begin Center, in Jerusalem Israel, The Bar Ilan University, The IDC in Herzilyah, Israel and many other national and international venues. In 2013 she was honored to deliver a keynote address in Herzilyah at the IDC's Institute of Counter Terrorism's Global Summit on Counter Terrorism. She has addressed the Beit Issie Shapiro community in Ra'anana, Israel on the role of democracy in the protection of minorities. She has also addressed multiple public and private gatherings in Sydney and Melbourne Australia recently in her work as an ambassador for Project Rozana, a collaborative Israeli Palestinian project devoted to expanding physician capacities in the West Bank.

She volunteers her limited time for Women's Voices Now, a nonprofit foundation as a Member of the Board of Directors. In this capacity she has provided expert commentary to "Honor Diaries", a film documenting human rights violations of women in Muslim societies. She is also an active member of The OpEd Project, representing them as Alum Ambassador in New York City. In 2010, she was honored in New York City by NYMOVES Magazine as a 'Power Woman'.

In 2012 Dr. Ahmed completed her first fiction work at the invitation of Akashic Books published in an anthology of stories in 'Long Island Noir', edited by noted author Kaylie Jones. Dr. Ahmed lives in New York. Follow Dr. Ahmed on: <http://twitter.com/MissDiagnosis> and <http://www.huffingtonpost.com/qanta-ahmed> or locate her at www.qantaahmed.com.